Freshmen Success and Parent Engagement Program Frequently Asked Questions (FAQ’s)

What is the Freshmen Success and Parent Engagement Program (FSPE)?
The FSPE program is a transition program funded by the Office of the Chancellor. The primary goal of the program is to ease the student’s transition from high school to college and to provide holistic support to ensure students not only feel connected and supported by the university, but that they also receive the academic support they need to succeed.

Who is eligible to participate in the FSPE?
In support of the Graduation Initiative 2025 and the university’s commitment to reducing the achievement gap, the Freshmen Success and Parent Engagement (FSPE) program seeks to implement an innovative academic and social/emotional support program for first-time freshmen students identified as needing additional support in GE written communication and/or mathematics. Eligible students were contacted by admissions and invited to a virtual welcome summit.

What are the program components?
FSPE is a one year-long support program. It includes the following components:

- A welcome reception
- Personalized academic advising
- Peer mentorship
- Supplemental Instruction in supported GE courses English Written Communication and mathematics, and
- A parent engagement piece.

What is the goal of the parent engagement program?
Each year, SDSU admits roughly 300 new first-time freshmen in need of additional academic support in English Language Arts and/or Mathematics. Parent participation is often limited to a one-day parent summer orientation session. Through FSPE we would like to offer extended in-depth workshops for parents to continue learning about the resources available to students to help them succeed academically and to create a four-year graduation plan. Via strategic catered/hosted workshops, it is our goal to cover in detail the following topics:

1. SDSU advising tools and resources
2. How to renew the FAFSA; How to make changes/submit appeals; Parent loans and student scholarship resources
3. Student course registration process and policies
4. SDSU campus engagement and student leadership opportunities
5. Student Health services, and
6. SDSU Student Counseling and Psychological Services

**Why would students benefit from participating in FSPE?**
An addition to participating in a completely free support program, students would also gain the following expected outcomes:

- Increased student retention and enrollment
- Increased student self-confidence and ability to self-advocate
- Expanded student and parent knowledge of SDSU resources and department processes
- Creation of a sense of belonging for students and their parents
- Success in students meeting with an Academic Counselor to create an individualized academic and four-year graduation plan.
- Student attendance of academic success workshops with the following subjects: Time management; Note taking strategies; Test taking strategies; Study skills; Freshmen success at SDSU; and financial literacy
- Success in students meeting with peer mentors regularly for wellness checks and to ensure smooth transitions from high school to SDSU.

**Who is part of the FSPE Success Team?**

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**Who can I contact if I have questions or need additional information?**

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