

rise

A CONFIDENTIAL, DROP-IN SUPPORT SPACE FOR SURVIVORS OF
SEXUAL & RELATIONSHIP VIOLENCE

**THURSDAYS FROM 12:30 - 1:45PM
AT WOMEN'S RESOURCE CENTER**

\ ' rīz \ verb

to come into being : ORIGINATE

to be present with healing

September 7 - 14

to respond warmly

to embrace the self

September 21 - October 12

to exert oneself to meet a challenge

to avoid avoidance

October 19 - 26

to become heartened or elated

to open up again

November 2 - 16

to move upward : ASCEND

to cope ahead for challenges to come

November 30 - December 7

QUESTIONS?

EMAIL DR. MARY JOYCE JUAN AT
PSYCSERV@SDSU.EDU

OPEN TO SDSU STUDENTS
OF ALL GENDERS

DOORS CLOSE FOR LATE ARRIVALS

THIS SPACE IS NOT AVAILABLE
FOR COURSE CREDIT
OR OBSERVATION

SDSU
Student Affairs and
Campus Diversity
Counseling &
Psychological
Services
Fall 2023

