



Graduate and Post-graduate Training Opportunities at SDSU Counseling & Psychological Services

C&PS provides a wide range of counseling and support services to the SDSU community, including screening and referral, individual counseling, relational counseling, group counseling, case management, and community outreach. Our clinical training program is open to trainees, associates, and interns from various disciplines, including marriage and family therapy, clinical social work, and professional clinical counseling.

Placements vary from 10-12 months, and they include paid part-time (24 hours per week) and paid full-time positions. Fifty to sixty percent of interns' time is dedicated to direct service to students, and the rest is dedicated to supervision, training, collaboration, and case management time.

We place a high value on supervision, training, and consultation, and our therapists-in-training receive the following on a weekly basis:

- 2-3 hours of individual supervision, including mirror and video supervision
- 1 hour of multi-disciplinary group supervision
- 0.75 hours of systemic/relational group supervision
- 0.75 hours of group supervision focused on Motivational Interviewing
- 2 hours of additional didactic training on a variety of clinical topics each week (including biofeedback, risk assessment and management, diversity issues, sex and gender, and many others)

Additionally, we provide three full weeks (40 hours per week) of paid orientation and training in August before the first week of Fall classes.

We typically begin to recruit pre-masters trainees in January, and post-masters recruitment occurs year-round depending on openings. You can apply directly by



emailing an application packet containing the following to Manuel Rivera, LMFT, at mrivera@sdsu.edu:

- 1) **a letter of interest**,
- 2) **curriculum vitae** (including the number of hours of direct clinical experience that you have),
- 3) **2-3 letters of recommendation** (with at least one letter from a supervisor with direct knowledge of your clinical work), and
- 4) a copy of your **transcripts** (unofficial copies are OK).