

NUTRITION

REFERRALS AND RESOURCES

GENERAL EDUCATION

- EATRIGHT.ORG
- NUTRITION.60V

-SCHEDULE A SESSION WITH ONE OF OUR PHES TO LEARN ABOUT MORE NUTRITION FOR YOUR BUCK: EATING HEALTHY ON A BUDGET

- TUESDAYS VIA ZOOM FROM 1:30-2:30PM
- MEETING ID: 856 4873 3270

-SCHEDULE A SESSION WITH ONE OF OUR NUTRITION GRAD ASSISTANTS TO LEARN ABOUT NUTRITION BASICS

-CLICK HERE TO VIEW A PRESENTATION ON HOW TO EAT HEALTHY ON CAMPUS

INTUITIVE EATING

INTUITIVEEATING.ORG/CERTIFIED-COUNSELORS/

EATING DISORDERS

CLICK HERE FOR A LIST OF CAMPUS REFERRALS
[SDSU COUNSELING & PSYCHOLOGICAL SERVICES](#)

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