GENERAL EDUCATION

- **EATRIGHT.ORG**
- **NUTRITION.GOV**

-Schedule a session with one of our PhEs to learn about more nutrition for your buck: Eating Healthy on a Budget

- Tuesdays via Zoom from 1:30-2:30PM
- Meeting ID: 856 4873 3270

-Schedule a session with one of our nutrition grad assistants to learn about nutrition basics
- Click here to view a presentation on how to eat healthy on campus

INTUITIVE EATING

INTUITIVEEATING.ORG/CERTIFIED-COUNSELORS/

EATING DISORDERS

Click here for a list of campus referrals

SDSU COUNSELING & PSYCHOLOGICAL SERVICES